

# 13. Introducing the 8 Key Competences

**Aim:** To introduce participants to the 8 key competences and to give participants an understanding of what each competence refers to

At what stage of a YE would you use this?



THE EXCHANGE

**Practical Things to Consider:**

Lots of space for groups to work on the floor or table

**How much time does it take?** 45 mins

**What materials do I need?**

Enough sets of cards for each group. Photocopy and cut up the examples beside this activity.

You can also have extra photocopies ready if participants wish to stick them into their learning journals.

Flipchart paper, Markers

What knowledge should I have as a youth worker before I do this?

You should have a clear understanding of what the 8 key competences are, why they exist and how they relate to your Youth Exchange. You should be able to explain why it is important to know about them.

**Source:**

Youthpass Guide

Youthpass for All

Youthpass Unfolded

All available at [www.youthpass.eu/en/youthpass/downloads/](http://www.youthpass.eu/en/youthpass/downloads/)

**What should I consider?**

As with other Youthpass activities, there is no avoiding the sometimes difficult language, as participants must be able to identify each competence and understand what it refers to. If your group have particular literacy challenges, consider making up your own set of learning statements for the cards (see the publication Youthpass for All)

**Preparation:** Print and cut out the competence cards and the questions about learning. Prepare a set of each for each group.

If possible, bring out the Rivers of Learning (from Activity 8)

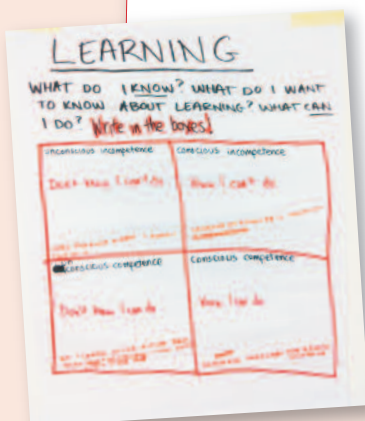
**Activity**

Part 1: (5mins) Write the word "COMPETENCE" in the centre of a flipchart sheet. With the group brainstorm what this word means, elicit as many related words as you can. Finally elaborate by emphasising that a competence is a combination of knowledge, skills and attitude put into action. We know we are competent at something when we do it. It is not just about knowledge- but also capacity to put the knowledge into practice.

Part 2: (25 mins) Explain that we are going to learn about 8 competences- these will help us to express what we have learned in our Youth Exchange. Remind the group what they know about Youthpass and in particular, Part 3. These 8 competences are like categories that we will use to write Part 3 of our Youthpass.





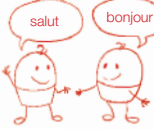

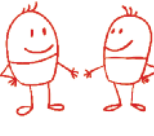

So, what are they? Divide the group into smaller groups of 4-5 people. Give each group 3 sets of 8 cards- one is a set of images, one a set of statements of learning and the other is the title of each competence. Their task is to match the cards up- one image, one title and one set of statements. Allow 15 minutes for the groups to discuss and arrange the cards on the floor or table surfaces. After 15 minutes, invite the teams to walk around and view everyone else's arrangements for 5 minutes. They may then return to their own groups and make any changes they wish.

Part 3: (15mins) As a whole group, go through each competence. Have an extra set for yourself so you can stick them on a flipchart for everyone to see. Discuss what was easy to match and why. Then, discuss what was difficult to match and why. Clarify different interpretations of the competences, by emphasising none is "right" or "wrong", but state clearly what the official European interpretation is. Invite as many questions as time allows so that the group are clear about each competence.



# Competences

## Titles and Images to be matched

<p>✂</p> <p><b>Communication in mother tongue</b></p>		<p>How did I overcome communication difficulties?            Have I learned non-verbal ways to communicate?            Do I feel more confident about expressing my opinion?            What did I discover about communication in small groups compared to communication with large groups?            What communication skills would I like to improve on?</p>
<p>✂</p> <p><b>Mathematical and basic competence in science and technology</b></p>		<p>How did I solve practical problems relating to our Action?            What skills did I use to solve them?            Were there any new technologies that I had to learn to complete my Action?            What did I learn about doing research? What research methods did I learn?            What did I discover were the best ways to gather reliable information?</p>
<p>✂</p> <p><b>Learning to learn</b></p>		<p>What does learning mean to me?            What new ideas about learning have I discovered?            What have I learned about setting my own goals for learning?            How did my goals change over the course of the whole Action?            What ways do I prefer to learn?            How did I assess what I learned?</p>
<p>✂</p> <p><b>Sense of initiative and entrepreneurship</b></p>		<p>What opportunities did I have to come up with new ideas?            How did I explain and share my ideas with people?            When did I take risks?            What did I learn from taking risks?            What new things did I discover about managing a project?            How would I like to use my new ideas in the future?</p>
<p>✂</p> <p><b>Communication in foreign languages</b></p>		<p>When did I have the opportunity to learn or practice a different language?            Did I speak the new language?            Did I also learn to write it?            How did I express myself when I couldn't find the right words?            Did I learn new ways of getting my message across?</p>
<p>✂</p> <p><b>Digital competence</b></p>		<p>Did I use communication technologies during the whole process? How?            Did I do research on the internet for my Action?            How did I learn to deal critically with the information I found online?            What new ways did I learn to use Social Media?</p>
<p>✂</p> <p><b>Social and civic competence</b></p>		<p>How well did I work in the team?            What did I learn about friendship?            How active was I in the group in planning our Action?            In carrying out our Action?            Did my knowledge of the way society works increase?            What new ways of influencing change in society do I know about now?</p>
<p>✂</p> <p><b>Cultural awareness and expression</b></p>		<p>What new forms of creative expression did I try?            When was I able to use different media and methods of expression to express myself?            Did I meet people from different cultures? What did I learn from them about their culture? About myself?            What does this inspire me to do now?</p>